

**SENIOR NUTRITION ADVISORY COUNCIL
MINUTES
February 18, 2026**

COMMITTEE MEMBERS PRESENT: Sue Emmer, Lee Emmer, Lynda Lukowski, Kathy Plautz

COMMITTEE MEMBERS ABSENT: Cheryl Gilmeister

STAFF PRESENT: Heather Beach, Mya Olkowski

Call to order: Lee Emmer called the meeting to order at 12:32 PM at the ADRC of Oneida County, Balsam Room.

Approval of agenda: Motion by Lukowski, second Plautz to approve the agenda. All ayes, motion carried.

Approval of Minutes from the November 12, 2025 Meeting: Motion Emmer to accept minutes, second Plautz.

Public comment/ communication: None

General updates: Olkowski reported on survey being mailed out and will compile feedback. In addition, Olkowski gave a large donor update. Last, Olkowski reviewed the upcoming March nutrition event that GWAAR is putting on. Olkowski explained the ADRC's participation in the event.

Dietary Guidelines update: Beach shared the dietary guidelines that are used by the ADRC's dietician to plan the monthly menu. Informational only.

Nutrition Program Budget vs Actual YTD: Olkowski reviewed financials. Olkowski also gave an update regarding billing to Vilas County for out of County HDM meals. Informational only.

Nutrition Statistical Report: Olkowski reviewed report, informational only.

Future agenda items and meeting date: Statistical information, and report. Malnutrition screening information. Next meeting scheduled for Wednesday, April 8, 2025, 12:30 p.m.

Meeting was adjourned at 1:07 PM.

Committee Chairman

Committee Vice-Chair