

**SENIOR NUTRITION ADVISORY COUNCIL
MINUTES
August 13, 2025**

COMMITTEE MEMBERS PRESENT: Julia Emmer, Lee Emmer, Cheryl Gilmeister, Lynda Lukowski, Kathy Plautz,

COMMITTEE MEMBERS ABSENT: None

STAFF PRESENT: Heather Beach, Heidi Chavez

Call to order: Lee Emmer called the meeting to order at 12:30 PM at the ADRC of Oneida County, Balsam Room.

Approval of agenda: Motion by Lukowski, second Plautz to approve the agenda. All ayes, motion carried.

Approval of Minutes from the May 14, 2025 Meeting: Motion Gilmeister, second Plautz.

Public comment/ communication: None

Fall menu cycle updates & feedback: Suggestion of more meatless options. Request for dietary guidelines/ week. Beach to bring this information to the next meeting, informational only.

Rhineland Kitchen Site Manager Update: Informational only.

Nutrition Program Budget vs Actual YTD: Chavez reviewed financials. Congregate costs will exceed funding for first time. Home Delivered meal costs will exceed funding as well, informational only.

Nutrition Statistical Report: Chavez reviewed report, informational only.

Future agenda items and meeting date: Statistical information, and reports, YTD 2024/ 2025. Weekly menu guidelines. Waitlist discussion. Next meeting scheduled for Wednesday, November 12, 2025, 1:30 p.m.

Meeting was adjourned at 1:22 PM.

Committee Chairman

Committee Vice-Chair