

**SENIOR NUTRITION ADVISORY COUNCIL  
MINUTES  
November 12, 2025**

**COMMITTEE MEMBERS PRESENT:** Sue Emmer, Lee Emmer, Cheryl Gilmeister, Lynda Lukowski, Kathy Plautz,

**COMMITTEE MEMBERS ABSENT:** None

**STAFF PRESENT:** Heather Beach, Heidi Chavez, Mya Olkowski

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**Call to order:** Lee Emmer called the meeting to order at 1:31 PM at the ADRC of Oneida County, Spruce Room.

**Approval of agenda:** Motion by Lukowski, second L. Emmer to approve the agenda. All ayes, motion carried.

**Approval of Minutes from the August 13, 2025 Meeting:** Motion Emmer to accept minutes with the update to change minutes to state Sue Emmer instead of Julia Emmer, second Plautz.

**Public comment/ communication:** Nutrition Report shared by Plautz regarding malnutrition in elderly population and the positive impact the home delivered meal program has on participants.

**Rhineland and Woodruff Service updates:** Olkowski reported their will no longer be service in Rhineland and Woodruff on Fridays beginning in 2026. This will assist with budget challenges. Participants will still have the opportunity for five meals per week by ordering an additional hot or frozen meal on another day of the week.

**Woodruff Kitchen Site Manager:** Olkowski updated that two Site Managers have been hired for Woodruff and will begin training in December.

**Lynn's Catering price increase:** Caterer is requesting a 5% price increase. The ADRC committee has approved a 4% increase. Informational only.

**Dietary Guidelines:** Agenda items moved to the next meeting.

**Nutrition Program Budget vs Actual YTD:** Chavez reviewed financials. Feedback given by L. Emmer. Informational only.

**Nutrition Statistical Report:** Chavez reviewed report, informational only.

**Future agenda items and meeting date:** Statistical information, and reports, YTD 2024/ 2025. Weekly menu guidelines. Next meeting scheduled for Wednesday, February 11, 2025, 12:30 p.m.

Meeting was adjourned at 2:15 PM.



Committee Chairman

Committee Vice-Chair